LONDON metro®

Tonight's Jackpot
$30 million
estimated
Lotto MAX

MMMMMM ... INDEPENDENCE

THIS JULY 4, CHANNEL YOUR INNER AMERICAN WITH A SUPERSIZED SERVING OF THESE MEMPHIS-STYLE BABY BACK RIBS PAGE 10

Not just another brick in the wall

London artist who specializes in murals displaying more portable pieces at the Arts Project downtown PAGE 2

Sex murderer still attractive to women

Londoner reportedly corresponding with Paul Bernardo in jail — and she's not the only one PAGE 4

Cool off with these hot summer flicks

Reel Guys include Guardians of the Galaxy in their picks.

metro AR Use Metro AR for a trailer PAGE 8

NEWS WORTH SHARING.

Drivers warned after road death

Construction worker.
Man charged in flagman's death

MARK SPOWART
london@metronews.ca

Cut your speed when you see construction, drivers have been warned, or the consequences could be severe.

The police and a leading figure in the construction industry made heartfelt pleas in the wake of the death of a worker from St. Thomas on Wednesday.

The flagman's death wasn't mentioned as the Ontario Provincial Police issued a reminder on Thursday morning to drivers to slow down and use increased care when driving through construction zones, but it clearly inspired the action.

"I have noticed that people don't pay attention to the speeds they are travelling at, and are entering the zone too fast," said acting sergeant Chrystal Jones of the OPP.

"And for those that are slowing down, they are driving distracted, thinking it is a good time to check their messages or use a handheld device."

Jones also acknowledged that many Ontario drivers do slow down and respect both the posted limits and workers.

Brian J. Daniel, 55

Tragic loss

Brian J. Daniel, 55, of St. Thomas, was directing traffic around a crane-type vehicle on the Burwell Road overpass at around 11:30 a.m. on Wednesday.

He was struck by a pickup truck travelling west on the Highway 3 bypass, and pronounced dead at the scene.

The police arrested the truck driver, Benjamin Clayton Dickout, 45, of Malahide Township, and charged him with dangerous driving causing death.

In all construction zones where workers are present, fines for speeding are doubled. The fine for driving 15 kilometres over the posted construction zone speed limit would be $178 and two demerit points, the OPP said.

Four months ago Dave Baxter, executive director of the London District Construction Association, chose to sit on a committee with representatives from the Ministry of Labour, unions and other construction companies. Each month they review safety statistics for the industry.

"I took the last four months as my apprenticeship in this, and the one thing that hit me the most was road safety," said Baxter.

"Each month we are presented with information from the Ontario Ministry of Labour; at this last meeting we were told that the number of deaths, critical and non-critical injuries for the area was roughly half compared to last year," said Baxter.

"I suggested to the presenter that this was good news and we should get the information out. He responded: 'This is not good news. One accident is one too many; until there are no numbers on this page, it is a not a good news story.' It completely changed my attitude. This was an absolutely unnecessary death. It is just really awful."

Construction zone flagmen are there for safety as much as traffic control. With heavy equipment moving around, asphalt and other materials being delivered in other large trucks, flagmen have to be constantly aware of their surroundings and manage traffic flow in the safest possible way.

"I think that drivers forget that," said Jones. "They (drivers) think of it as an inconvenience as opposed to a safety measure. Drivers need to be more cognizant, they need to be mindful and pay close attention to what they and the flagman are doing."

CANADA'S EUGENIUS

Canadian tennis sensation Eugenie Bouchard has been taking Wimbledon by storm. She found her way to the final after dismissing Simona Halep of Romania in the women's singles semifinal match. **See story on page 14.** PAVEL GOLOVKIN/THE ASSOCIATED PRESS

No need for speed

Man going three times speed limit loses licence

A London man is without his licence and vehicle after cops say he drove at more than three times the speed limit through Thorndale.

The OPP have revealed that, on Monday morning, officers were on patrol on King Street in the municipality of Thames Centre following up on a traffic complaint when they saw a vehicle coming "at an extremely high rate of speed," a media release said.

"It was determined the vehicle was travelling over 150 km/h in a posted 50 km/h zone," it added.

The officer tried to stop the vehicle, but it kept going. A short distance away, the driver ran off, but was arrested.

Rick Miller, 30, has been charged with racing, failing to stop and driving without a current permit. He was released and is due in court next month. His licence was suspended and his vehicle impounded for seven days. METRO

It's a twister!

Ontario's seventh tornado tallied

Environment Canada says Ontario has recorded its seventh tornado of the season.

Meteorologist Geoff Coulson confirms a tornado touched down on Monday about 30 kilometres northwest of Huntsville on Bear Lake. He says the tornado damaged trees in the area but was mainly concentrated on the lake itself.

The tornado was measured as an EF0 on the Enhanced Fujita scale, denoting the minor damage it caused.

The most severe twister so far this year hit the central Ontario community of Angus on June 17, causing massive damage to homes in the area.

Coulson says the season for tornadoes can last from April to October, and there is "a lot of variability" in terms of the number of tornadoes that touch down.

He says in an average season there are about 12 tornadoes in the province, but last year was a "particularly active" season with 23.

THE CANADIAN PRESS

Public art: Brad Biederman, and his dog Beatrice, proudly show off one of his murals, which decorates a building near his Old South home. MIKE DONACHIE/METRO

London artist says it's all about the wall

Brad Biederman. Mural specialist displaying his more portable pieces at the Arts Project — but his true love remains the quest for holy 'grails'

MIKE DONACHIE
mike.donachie@metronews.ca

Brad Biederman says blank walls are boring. But whenever he gets to work on a wall, it's not boring for long.

The London artist, who lives in Old South, specializes in murals with character-driven graffiti-style art. He's 45 and has been turning walls into art since he was 16, creating more than 200 murals in that time. More than 100 of his works have been in London, including 17 within the last year.

"Maybe it's part ego," he said. "I like to have something big. I like people that don't even know me to remember a spot of wall."

Biederman's work is across the city, inside and outside buildings. Sometimes he'll be asked to transform a building in commissioned work, but sometimes he'll find a wall he likes — he calls them "grails" — and do it for the love of art.

Now he's taking his more portable art, on paper and canvas, into the gallery at the Arts Project downtown. But he's staying true to his love of murals and, Biederman added, nothing compares to a wall.

"When I'm doing something big on a wall, it's a complete physical connection to it," he said. "When that happens, I truly feel a different level of concentration."

STORY.LINES

STORY.LINES, the exhibition featuring the work of Brad Biederman, has its opening at the Arts Project, 203 Dundas St., on Wednesday from 6 to 8 p.m.

- It will feature DJ Wiskaz, breakdance crew Ill and Will and hip-hop acts Moore and Exit Only.
- The exhibition is then open each day until July 19. The hours are 12 to 5 p.m.

Fundraisers planned for three children whose mom died from baseball injury

It probably wasn't the first time that Crystal Young was hit by a baseball; she had been playing the game for most of her life and by all accounts it was a sport she loved.

Sadly, the missed catch and resulting hit to her head would turn out to be fatal.

Friends and family of the Sarnia 31-year-old, who had many links to London, are organizing a garage sale/barbecue and a month-long online auction in hopes of raising money for Young's three children.

"The garage sale and barbecue will be on Aug. 2 from 9 a.m. to 4 p.m. and will be held at 1270 Webster St. in London," said Melissa Chambers, one of the organizers of the event.

"I am approaching local stores (to ask) if they can donate a gift card or product that can be used for the online auction," she added.

The online auction will start on Aug. 1 and run the entire month.

MARK SPOWART/FOR METRO

Online

For more details, visit facebook.com/groups/CrystalsKids.31.

Sunfest — the event the bands want to play

20th anniversary. Four-day festival is the biggest ever

MARK SPOWART
london@metronews.ca

Twenty years ago Alfredo Caxaj was looking for musicians to play Sunfest. Now, international acts will book their summer performance tours around the four-day event.

"It is just fantastic," said Caxaj, who has been the artistic director of the festival from Day 1. "The amount of unsolicited packages I receive from all these great musicians who want to play here. They will call me and say, 'Book us, and we can book a tour around Sunfest.' It is just fantastic!"

This year the festival runs four full days, Thursday to Sunday, with 300 vendors and 37 musical acts playing multiple shows during the four days.

Whether it is the food, music or free admission that brings patrons through the gates, Sunfest has become one of the premier events on the summer calendar, both for culture and the economy.

"We have done a couple of economic impact studies over the last five years, with the most recent being in 2012," Caxaj said.

"They showed that the economic impact of the festival is somewhere between $7-10 million dollars that this festival brings in every year. The study says there are 110,000 unique visitors to the park, and some of those visitors will come back for additional days, so the number comes to over 200,000 over the four days," Caxaj said.

In fact the festival has become so popular that Caxaj is trying to plan how he can expand it.

"I would love to take this festival into the streets downtown. We have truly maximized the park.

"I have seen people come in and say: 'Oh my God, it is just too packed. We better leave.' It is a nice problem to have, but there is still room for continued growth and I think why not even bigger and better than it is right now?"

Alfredo Caxaj has been the face of Sunfest for 20 years and has plans to make it even bigger and better in the future. MARK SPOWART/FOR METRO

At a glance

- With 37 musical acts, local and international, picking who you want to see can be a daunting task.
- There are four stages throughout the park: the TD Bandshell, which is the main stage, Centre Stage in the middle of the park east of the bandshell, the Galaxie Stage on Wellington Street near Dufferin Ave, and the Jazz Village North Stage, near the Richmond Street and Central Ave entrance.
- Many of the acts will play on more than one stage during the weekend.

Old and new. Added attractions keep drawing the crowds to festival

Whether they are Sunfest veterans or rookies, food and merchandise vendors are a big part of the success of Sunfest.

Felipe Gomes, owner of Aroma Restaurant and Aroma Cafe has been working Sunfest from the start.

"I have been here at Sunfest for 20 years, first when I was still working in the hotels, and for the last 16 years when I have had my own business," he said.

Gomes has a simple plan for the weekend: "I tell everyone, don't book a vacation, don't try to email me, if you want to see me come down to the park. I'll be here all weekend."

On the other end is Bill Stamatopoulos, who along with his spouse owns Wick Candles. It's their first year.

"I've heard it is pretty busy," says Stamatopoulos adding, "I am looking forward to it and getting the word out about our locally made candles. It is something great to be part of."

MARK SPOWART/FOR METRO

Bill Stamatopoulos of The Wick holds one of the many different candles his store offers. MARK SPOWART/FOR METRO

All of July

London's list of summer events

London is a hotbed of festivals and fun during the month of July. If you are looking for something to do on your staycation, check out these events.

- Sunfest: July 3-6, Victoria Park. Sunfest.on.ca
- Festival at the Forks: July 6-8. London2014.net
- Local Food Skills Feastival: July 17, London Training Centre. Londontraining.on.ca
- Home County Music and Art Festival: July 18-20, Victoria Park. Homecounty.ca
- Legends Over London Jet Festival: July 19-20. Legendsoverlondon.com
- Pride London Festival: July 19-27. Pridelondon.ca
- Gone Country Music Festival: July 23, gonecountry.rockthepark.ca
- Rock The Park: July 24-26, Harris Park, rockthepark.ca.

MARK SPOWART/FOR METRO

Sex killer Bernardo engaged?

'Love' behind bars. Lawyer for families of murdered schoolgirls says Bernardo should not be given any privileges

Convicted killer Paul Bernardo is serving an indeterminate sentence for the slayings of two schoolgirls, a dozen rapes and more than two dozen other sex offences — but there are still women who reportedly want to marry him.

The latest is reported to be a 30-year-old university graduate from London, Ont., who began corresponding with Bernardo last fall, according to QMI news agency.

Corrections Canada declines to comment on individual cases.

Tim Danson, a lawyer for the families of the murdered schoolgirls, has plenty to say. "He should not be given any privileges," Danson told the Toronto Star on Thursday.

Marriage to a convict

- If the marriage did take place, Corrections Canada would determine if Bernardo would be allowed to meet with his wife behind bars.
- Prisoners are permitted private visits of up to 72 hours once every two months. A former Millhaven inmate told the Toronto Star that prisoners often are able to increase that visiting time in swaps with other inmates.

He also said the woman who considers herself to be Bernardo's fiancée needs plenty of help. "People close to her have to reach out to her and save her from herself," Danson said. "Just the thought of it is disturbing."

Danson said he highly doubts Bernardo will ever get out of prison.

Still, there are plenty of women who struggle to make contact with him through letters. One website for prisoners' families features a hot discussion on whether it's right to try to make contact with Bernardo.

"I write to Paul all the time, I send him cards and no I dont have a fetish for concrete!" a woman who identified herself as "shoes" wrote. "I have read many books on his crimes and for some reason i hold compassion for him. Its deep in my bones and i cant let it go."

Another woman, who identified herself as "brandy99," wrote that she can see a difference between Bernardo the man and Bernardo the criminal. "His crimes arent what intriques me it's him," she wrote.

Bernardo made the news last summer, when Steven Blaney, federal minister of public safety and emergency preparedness, said Bernardo would not be enjoying a transfer from ancient Kingston Penitentiary to a more comfortable medium-security prison.

Bernardo is now believed to be housed in Millhaven Penitentiary in Kingston.

TORSTAR NEWS SERVICE

Paul Bernardo and Karla Homolka are shown in this photo taken in the early years of their relationship in the late 1980s. THE CANADIAN PRESS

Bride-to-be

'Paul's girl' believes he is innocent

In a report published on Thursday, the Quebecor-owned QMI does not name the 30-year-old bride-to-be. It says that even her family doesn't believe the ceremony behind bars will ever take place.

According to QMI, the couple first met last fall after she wrote Bernardo, and the bride-to-be believes he is innocent even though he made videos of his victims in captivity.

"He has convinced her that he didn't do this (rapes or murders)," her father told QMI.

QMI says the bride-to-be has a tattoo on her ankle that says "Paul's girl," and the engagement has caused tensions within her family.

Throne speech marred by Moody's debt rating

The Liberals are promising big spending as well as restraint in a throne speech that lays out their agenda for the next decade and beyond.

They're promising to be fiscally responsible by curbing spending to meet their goal of eliminating the $12.5-billion deficit in three years.

But they also plan to spend $130 billion on public infrastructure over 10 years as well as other measures to help grow Ontario's economy.

The speech, written by the Liberals but read by Lt.-Gov. David Onley, says the government will also invest in education, skills training and corporate grants to boost the province's economic potential.

But they cautioned there's no money for wage increases in the broader public sector as new contract talks loom on the horizon.

They say voters gave them the green light when they returned them to power with a majority of seats in the legislature.

"This means your government will implement its plan by convening people first, instead of directing them," Onley said. "It will not invite your questions only after decisions are taken, but as decisions are made."

Premier Kathleen Wynne attends the throne speech at Queen's Park in Toronto Thursday. CHRIS YOUNG/THE CANADIAN PRESS

One of those decisions was the costly cancellation of two gas plants, which has dogged them for years. A legislative committee looking into the cancellations was to hear from more witnesses before the June 12 election was called.

The speech promised more government transparency and accountability, but the Liberals didn't promise more hearings, only that they would take steps to allow the committee to write its report.

What was supposed to be a banner day for the re-elected Liberals started on a sour note.

Moody's debt rating agency changed its outlook on Ontario's debt rating from stable to negative late Wednesday, citing concerns about the Liberal government's ability to slay the $12.5-billion deficit in three years.

It didn't change the province's debt ratings, but a downgrade would increase the cost of borrowing — which currently adds up to $11 billion a year.

The Liberals insist they can balance the books without eliminating public sector jobs or cutting public services, and they won't change their budget.

The budget, which will be re-introduced on July 14, was the foundation and frame of the throne speech, which reiterated many other measures in the $130.4-billion spending blueprint, such as creating a made-in-Ontario pension plan.

THE CANADIAN PRESS

Israel gathering military forces on Gaza border

Hamas. Increased wave of rocket fire out of Gaza has further stoked tensions since three Israeli teens were found dead last week

The Israeli military rushed additional forces to its southern border with the Gaza Strip on Thursday, vowing to halt a growing wave of rocket fire from the Palestinian territory, while new clashes erupted in east Jerusalem in response to the death of an Arab boy who Palestinians say was killed by Israeli extremists.

A Palestinian looks through a hole near a Hamas training camp following an Israeli airstrike. THE ASSOCIATED PRESS

Israel said the show of force on the Gaza border was a defence measure. But persistent rocket fire raised the prospects of a tough Israeli response, with the military saying more than 40 rockets or mortar shells were fired from Hamas-controlled Gaza on Thursday.

Tensions have been high since three Israeli teenagers were abducted in the West Bank on June 12, sparking a massive manhunt that ended with the discovery of their bodies early this week. Israel has blamed Hamas for the abductions and launched a crackdown on the Islamic militant group in the West Bank, drawing rocket attacks out of Gaza and Israeli airstrikes in a near-daily cycle of retaliation. THE ASSOCIATED PRESS

Bridge collapses amid World Cup fever

A bus sits damaged after a bridge collapsed in Belo Horizonte, Brazil, on Thursday. The incident took place on a main avenue, the expansion of which was part of the World Cup infrastructure plan but, like most urban mobility projects related to the Cup, was not finished on time for the event. VICTOR R. CAIVANO/THE ASSOCIATED PRESS

Pistorius called a 'paradox'

Oscar Pistorius is a "paradox" whose past triumphs as a sprinter crossing the finish line with raised arms contrasted sharply with the daily, severe limitations that he endured because of his disability, a physician testified Thursday at the runner's murder trial.

Wayne Derman, a professor of sport and exercise medicine at the University of Cape Town, said in court that the contrast likely contributed to stress and anxiety for Pistorius, who fatally shot girlfriend Reeva Steenkamp through a closed toilet door in his home. He testified for the defence, which wants to show that the athlete had a deep sense of vulnerability and it was a factor in what he has described as a mistaken shooting.

"You've got a paradox of an individual who is supremely able, and you've got an individual who is significantly disabled," said Derman, who has worked with South African Olympic and Paralympic teams and has treated Pistorius over six years. THE ASSOCIATED PRESS

Pond Mills Medical Pharmacy
T: 519.649.1414
1166 Commissioners Road East, Unit 8, near Deveron
TWO YEAR ANNIVERSARY SALE
10% OFF* ALL FRONT SHOP INCLUDING SALE ITEMS
*EXCLUDING PRESCRIPTIONS. SOME RESTRICTIONS MAY APPLY.

$4.99

$4.99
• Make Pond Mills Medical Pharmacy YOUR neighbourhood pharmacy
• The staff are friendly, caring and respectful of your needs and health concerns
• Their years of experience help to answer your questions
• Come speak to Pharmacists then see the extensive selection of vitamins and herbal products at low prices
• Pond Mills Medical Pharmacy can easily transfer your prescriptions from your current pharmacy too

$12.99

$6.99 each

$16.99

$10.99

$26.99

$10.99
FREE CITY-WIDE DELIVERY
TOLL FREE: 1 855.649.1414 F:519.649.5079
Monday - Friday 9am – 7pm
Saturday 9am – 3pm

FOR RENT
Affordable 1 bdrm condos
Nice condos, Oxford & Highbury, close to grocery, shops & bus routes
1 month FREE limited time offer
$725 all inclusive
call today 519-451-2408
Brighton Place • 563, 573 & 583 Mornington Avenue

Have you been diagnosed with Fibromyalgia or do you have unresolved muscle or nerve pain?
Join a clinical research trial to evaluate the effectiveness of a new investigational natural health product.
Contact KGK Synergize Clinic:
519-858-8359
clinic@kgksynergize.com
www.kgkclinic.com
Call us to see if you qualify!
Compensation up to $100.00
KGK synergize

Indiegogo's app for phones comes to Canada first

Finally! For once, our country gets something before the rest of the world. OK, so it's an app for a crowdfunding platform ... we'll take it

Indiegogo, which bills itself as the world's largest crowdfunding platform, is looking to grow with a move into mobile apps — starting in Canada.

The San Francisco-based company announced Thursday that Canadians are getting early access to its first mobile app, which is now available on Apple's App Store. The app will be rolling out to other countries in a couple of months, said Indiegogo CEO Slava Rubin.

Indiegogo's mobile app is available in Canada only, for now. AFP/GETTY IMAGES

"Canada is a really important country for us, in terms of volume, it's the second-largest country for us in the world ... and we send money to 70 to 100 countries a week," said Rubin, who added that an app for Google Android devices is expected before year's end. "The Canadian users have been great with their feedback and we feel like it's a great opportunity."

Entrepreneurs — or anyone with an idea — can post a fundraising drive on Indiegogo and seek supporters to help pay for their plan. Supporters are typically offered rewards in exchange for donating to help to get the idea off the ground.

Rubin said mobile usage on Indiegogo has grown dramatically in recent years and the new app is designed to help users support or launch campaigns on the go.

THE CANADIAN PRESS

$1 billion unclaimed

Low on cash? Try the couch cushions, then the BoC

Millions of Canadians unknowingly have billions of dollars worth of their money and assets being held by companies and government agencies, available for recovery. The Bank of Canada alone is holding nearly $1 billion from bank accounts and Canada Savings Bonds.

THE CANADIAN PRESS

Market Minute

DOLLAR 93.99¢ (+0.24¢)

TSX 15,207.11 (-2.68)

OIL $104.06 US (-$0.42)

GOLD $1,320.60 US (-$10.30)

Natural gas: $4.39 US (-$0.07)
Dow Jones: 17,068.26 (+ 92.02)

WESTGATE HONDA
MEGA SALE

2014 FIT DX
LEASE WEEKLY FOR $34 @ 0.99% APR
LEASE FOR 60 MONTHS WITH $0 SECURITY DEPOSIT. EXCLUDES LICENSE AND HST
$0 DOWN PAYMENT/OAC
CASH INCENTIVE $1500 On all Fit models except Fit DX 5MT
MODEL GE8G2EEX

2014 CIVIC DX
LEASE WEEKLY FOR $39 @ 0.99% APR
LEASE FOR 60 MONTHS WITH $0 SECURITY DEPOSIT. EXCLUDES LICENSE AND HST
$0 DOWN PAYMENT/OAC
CASH INCENTIVE $1500 On all Civic models except Civic DX 5MT
MODEL FB2E2EEX

2014 CR-V LX
LEASE WEEKLY FOR $67 @ 1.99% APR
LEASE FOR 60 MONTHS WITH $0 SECURITY DEPOSIT. EXCLUDES LICENSE AND HST
$0 DOWN PAYMENT/OAC
CASH INCENTIVE $2500 On all CR-V models except CR-V LX 2WD
MODEL RM3H3EES

2014 ACCORD LX
LEASE WEEKLY FOR $62 @ 1.99% APR
LEASE FOR 60 MONTHS WITH $0 SECURITY DEPOSIT. EXCLUDES LICENSE AND HST
$0 DOWN PAYMENT/OAC
CASH INCENTIVE $2000 On all Accord models except Accord SDN LX 6MT
MODEL CR2E3EE

2014 ODYSSEY LX
LEASE WEEKLY FOR $100 @ 2.99% APR
LEASE FOR 60 MONTHS WITH $0 SECURITY DEPOSIT. EXCLUDES LICENSE AND HST
$0 DOWN PAYMENT/OAC
CASH INCENTIVE $3000 On all Odyssey models except Odyssey LX

2014 PILOT LX
LEASE WEEKLY FOR $118 @ 1.99% APR
LEASE FOR 60 MONTHS WITH $0 SECURITY DEPOSIT. EXCLUDES LICENSE AND HST
$0 DOWN PAYMENT/OAC
CASH INCENTIVE $5000 On all Pilot models

WESTGATE HONDA
USED MEGA SALE
TAKE ADVANTAGE OF OUR GREAT INTEREST RATES!
HONDA Certified Used Vehicles
FIT CIVIC ACCORD
Finance as low as 1.99% APR
CR-V ODYSSEY PILOT

2008 Civic DX-G - 71,216Km (E0600A) $10,000.00
2011 CR-V LX - 83,094Km (E0483A) $19,300.00
2012 Civic LX - 70,715Km (E0441A) $14,800.00
2011 Pilot EX-L - 65,779Km (E0496A) $29,000.00
2011 Civic EX-L - 50,335Km (E0227A) $14,800.00
2012 Civic EX - 47,378Km (UC2226) $16,200.00
2011 CR-V EX - 51,621Km (E0649A) $20,500.00
2011 Civic SE - 34,385Km (E0761A) $15,300.00
2011 CR-V EX-L - 54,783Km (E0411A) $21,500.00
2008 Civic Si - 99,821Km (E0683A) $12,800.00

519-472-4890 680 OXFORD ST W (JUST WEST OF WONDERLAND RD) westgatehonda.com
Honda CHECKERED FLAG EVENT
Limited time weekly lease offers available through Honda Financial Services Inc. (HFS), to qualified retail customers on approved credit. Weekly payments include freight and PDI (ranges from $1,495 to $1,695 depending on 2014 model), EHF tires ($28.45), EHF filters ($1), A/C levy ($100 except Civic DX & Fit DX models), and OMVIC fee ($5). Taxes, license, insurance and registration are extra. ☒ Representative weekly lease example: 2014 Civic DX Sedan // 2014 CR-V LX 2WD // 2014 Fit DX // 2014 Accord LX on a 60 month term with 260 weekly payments at 0.99% // 1.99% // 0.99% // 1.99% lease APR. Weekly payment is $38.92 // $66.91 // $33.83 // 62.00 with $0 down or equivalent trade-in, and $925 // $1,375 // $2,150 // $1,350 total lease incentive included. Down payments, $0 security deposit and first weekly payment due at lease inception. Total lease obligation is $10,118.95 // $17,396.44 // $8,795.73 // 16,120.73.120,000 kilometre allowance; charge of $0.12/km for excess kilometres. PPSA lien registration fee of $45.93 and lien registering agent's fee of $5.65, due at time of delivery are not included. For all offers: license, insurance, other taxes (including HST) and excess wear and tear are extra. Taxes payable on full amount of purchase price. Dealer may lease for less. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers, prices and features subject to change without notice. Visit Westgate Honda for full details.
HONDA

SHIRTLESS ATTACKERS & THICKE CELEBS

THE METRO LIST

Neil Morton
metronews.ca

1 Go Clara Hughes, go! The mental health crusader completed her epic 110-day, 11,000-kilometre Clara's Big Ride across Canada this week, finishing in Ottawa on Canada Day. She tweeted, "THANK YOU CANADA!! It is official the last km has been ridden!! #ClarasBigRide #struggle #joy #relief." No, thank *you* Clara. You've helped change the conversation around mental health.

2 Lowry re-sign leaves Raptors on a high. Raptors basketball junkies went nuts with the news Lowry has re-signed with Toronto. Make no mistake, this is one of the biggest re-signings in Raptors history, and further evidence the team is going through a true revival. Raps Global Ambassador Drake ought to write an ode to Lowry on behalf of the fans.

3 #TweetYourUnpopularOpinion. This hashtag became popular this week with tweets like "I think Christina Aguilera is a better singer than Beyoncé" and "I think butterflies are creepy." Mine: "Ketchup chips are the best." Sorry not sorry.

4 Shirtless, but not speechless. When Mayor Rob Ford marched in a Canada Day parade, he faced cheers — and jeers — including a shirtless jogger heckler (later identified as a teacher named Joe Killoran)-turned-instant online celebrity/hero who unleashed an angry tirade at Ford that went viral. Every dude has now taken up jogging, and they're leaving their shirts at home.

5 Thicke Skin. When you plan hashtag conversations on Twitter, bear in mind things can go horribly wrong. Exhibit A: The Twitter Q&A #AskThicke with Robin Thicke this week that was bombarded by questions about the crooner's misogynistic lyrics and marital woes. It's time for Robin to go to dear old dad Alan for help. #PersonalityMakeoverThicke.

6 Historic Wimbledon. Canada is ace right now, as Milos Raonic and Eugenie Bouchard are the first Canadian singles players in the Open era to reach the Wimbledon semifinals (and Bouchard is the first to reach the finals). Awesome! This country is raining tennis balls, and no one double-fault me for serving that.

7 Moment app. Always making excuses for why you need to check your mobile? Well, a new free app helps you track just how much time you waste on your phone. Moment app helps smartphone users monitor their usage and perhaps change their habits, and live in the real world more. I only checked my phone 10 times in the course of writing this blurb.

8 Thunderstruck Lakefield, Ont., man Tim Rollwagen was photographing a storm on Canada Day when lightning struck the wire fence he was on. He tweeted seconds after, "Don't hold on to a wire fence when trying to get storm pics, just got blasted off by a lightning bolt that struck it. #onstorm #shaking." Now, ER gave him a clean bill of health, but he won't ever forget his July 1 fireworks.

GONE FISHIN'

A sea cormorant is placed in a basket to be transported to a fishing boat in Gifu, Japan. In this traditional fishing art, a cormorant master manages the birds to capture fish. For more photos of the hunt, scan this image with your Metro News app. CHRIS MCGRATH/GETTY IMAGES

Trout fishing in Gifu prefecture

Ukaï is a traditional method of catching small Japanese trout by manipulating seabirds called cormorants in the Nagaragawa River that's been taking place every year in Japan since the 700s.

Master trainers of cormorants dressed in ancient costume freely manipulate 10 to 12 wild sea cormorants to skilfully catch small trout.

This fishing is performed every night between May 11 and Oct. 15 except during a full moon or in heavy rain.

The only illuminations are the pine torches lit on the boats.

Master trainers of cormorants belong to the Imperial Household Agency, and an important duty of theirs is to make offerings of small trout to the Emperor.

It is prescribed that in each generation the eldest son succeeds his father, and these men live with cormorants in order to train them every day.

JNTO.GO.JP

By the numbers

1,300

Number of years ukai fishing has been practised in Japan

How it all goes down

Beginning at dusk, each fisherman leads about a dozen cormorants on leashes who swim alongside the boat and dive under the water to catch fish by swallowing them whole.

- The fish are kept in a special pouch in the cormorant's throat to be retrieved later.
- The fish are prevented from being swallowed by a snare around the neck of the bird.

JAPAN-GUIDE.COM

METRO AUGMENTED REALITY

SEE THE NEWS COME ALIVE...

DOWNLOAD METRO NEWS APP | FILL SCREEN WITH IMAGE TO SCAN | METRO AR IMAGE JUMPS TO LIFE

In this issue, you can find AR enhancements on page 8 in Scene and page 14 in Sports

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.

2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!

3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

MetroTube

More Shakira than Shakira

ANDREW FIFIELD
andrew.fifield@metronews.ca

Rob Cantor here has a pretty solid knack for celebrity impressions, especially female performers. And in places where he doesn't get the voice exactly down, he nails the mannerisms.

But this isn't your standard "Said Number Of Celebrity Impressions In Three Minutes" clip. Instead, Mr. Cantor is taking his talents to YouTube to promote his new album by throwing his impressions at an original song.

Seriously, though. The female impressions are absurdly close. (robcantor/YouTube)

PHOTO ILLUSTRATION BY DAVID VAN DYKE/METRO

President: Bill McDonald • **Vice-President & Group Publisher, Metro Eastern Canada** Greg Lutes • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor** Angela Mullins • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Retail Sales Manager** Joshua Green • **Distribution Manager** Rob Delvallet • **Vice President, Content & Sales Solutions** Tracy Day • **Vice-President, Creative and Marketing Services** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO LONDON** • 350 Talbot Street Main Floor London ON N6A 2R6 • **Telephone:** 519-434-3556 • **Fax:** 888-474-3094 • **Advertising:** 519-434-3556 Ext. 2223 • adinfolondon@metronews.ca • **Distribution:** london_distribution@metronews.ca • **News tips:** london@metronews.ca • **Letters to the Editor:** londonletters@metronews.ca

Enjoy the Apes of summer

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Chris Pratt roams through space in the summer sci-fi blockbuster Guardians of the Galaxy. DISNEY-MARVEL PHOTO

Hot weather, cool movies. Sci-fi adventure, biopics, mature romantic comedy and sex are all on moviegoers' menu this summer

Richard: Mark, I was a huge Planet of the Apes fan as a kid. Loved the rubber masks, the twisty endings and the "YOU MANIACS! YOU BLEW IT UP!" scene still blows my mind.

Saw them over and over, and even enjoyed the bad ones like Conquest of the Planet of the Apes.

Today, as an adult, I have a full-sized Cornelius bust with faux chimpanzee hair in my office. So, given my obsession with simian cinema, my inner 14-year-old goes a bit ape every time I see the Dawn of the Planet of the Apes trailer. What's got you excited this summer?

Mark: I'm a Planet of the Apes fan, too, Richard. The idea of animals acting like humans is a welcome change from my life in show business, where humans act like animals.

I'm really looking forward to Lucy, starring Scarlett Johansson in a Luc Besson revenge/action flick.

This is Scarlett's moment, and this is going to be the movie to make her a megastar. The trailer made me spill my popcorn!

RC: Johansson is doing interesting work these days, splitting her time between rock 'em, sock 'em movies like Captain America: The Winter Soldier and smaller movies like Chef and Under the Skin.

Michael Fassbender has a similar career arc. We last saw him in X-Men: Days of Future Past. Next up he's in Frank, a strange indie based on the life of Frank Sidebottom, a real-life English musician who wore a giant papier-mâché head complete with painted-on eyes, ruby red lips and slicked-back hair.

I love Fassbender for still taking chances on movies like this when he could easily cash big Hollywood paycheques time after time.

MB: Sounds like one strange biopic, Richard! A more commercial variant I'm looking forward to is Get On Up, the James Brown story starring Chadwick Boseman. The Godfather of Soul never wore a papier-mâché head, but he was big on ermine capes and tantrums, so this should be a lot of fun. And what a soundtrack it will be!

For life lessons and laughs, there's And So It Goes, a mature rom-com starring Michael Douglas and Diane Keaton. Bring your CARP card for discounts on soft-chew treats from the concession stand.

RC: I don't have a CARP card .... yet. I do like soft chew candies, however.

As far as movies go, I'm curious about Guardians of the Galaxy. So many of the summer's blockbusters have been oh-so-serious affairs that I think this one promises some good laughs and action.

MB: The cast suggests it might be more than your typical sci-fi adventure. But it's Jason Segel and Cameron Diaz in Sex Tape that gets me hot. Big laughs, lots of action, at least of the horizontal variety.

Flick picks

When the Reel Guys aren't at the movies, one of their favourite things to do is talk about going to the movies.

- This week Richard and Mark have a look at talking apes, a vengeful Scarlett Johansson, and a singer with a papier-mâché head and a talking raccoon.
- So throw some popcorn on the BBQ, crank up the air conditioning and enjoy the Reel Guys' most anticipated films of the summer season.

AUGMENTED REALITY

→ Guardians of the Galaxy is expected to be a massive summer hit. Scan this photo with your Metro News app for a look at the trailer.

→ See the full instructions on Metro's Voices page.

metro AR

Nemat's RESTAURANT
EAT-IN • TAKE-OUT • CATERING
1225 Wonderland Road North
Sherwood Forest Mall
(next to Goodlife Fitness)
519.204.0424
We have lots of GLUTEN FREE choices to suit your taste.
& FREE PARKING
LARGE Butter Chicken with rice and with choice of Samosa OR Naan bread
$9.99
Expires: 07/10/2014
Present coupon of time of purchase
Mon-Fri. 11am-8pm | Sat 11am-5pm | Closed Sundays
WOW! Tandori chicken wrap $4.39
www.nemats.com

Are you looking to lose weight?

Join a clinical research trial to evaluate the effect of an investigational natural health product on body weight and composition in women.

Call us to see if you qualify!
Compensation up to $250.00

Contact KGK Synergize Clinic:
519-858-8359
clinic@kgksynergize.com
www.kgkclinic.com

KGK synergize

Ratings and synopses courtesy of Rotten Tomatoes. For more movie reviews, trailers and news go to RottenTomatoes.com.

Ratings: *Certified Fresh:* *Fresh:* *Rotten:* *Audience response:* *Audience anticipation for the film:*

THESE PAGES COVER MOVIE START TIMES FROM FRI., JULY 4 TO THURS., JULY 10. TIMES ARE SUBJECT TO CHANGE.

Comedy

Tammy

Director. Ben Falcone

Stars. Melissa McCarthy, Susan Sarandon

Tammy (Melissa McCarthy) is having a bad day. She's totalled her clunker car, gotten fired from her thankless job at a greasy burger joint and, instead of finding comfort at home, finds her husband getting comfortable with the neighbour in her own house. It's time to take her boom box and book it. The bad news is she's broke and without wheels. The worse news is her grandma, Pearl (Susan Sarandon), is her only option — with a car and cash.

Rotten Tomatoes™ score
Critics: 24 % **Audience:** 60%

Horror

Deliver Us From Evil

Director. Scott Derrickson

Stars. Eric Bana, Edgar Ramirez

In Deliver Us From Evil, New York police officer Ralph Sarchie (Eric Bana), struggling with his own personal issues, begins investigating a series of disturbing and inexplicable crimes. He joins forces with an unconventional priest (Edgar Ramirez), schooled in the rituals of exorcism, to combat the frightening and demonic possessions that are terrorizing their city.

Rotten Tomatoes™ score
Critics: 33% **Audience:** 63%

Drama

Tracks

Director. John Curran

Stars. Mia Wasikowska, Adam Driver

Director John Curran and the producers of The King's Speech bring you the film Tracks, which tells the true story of Robyn Davidson (Wasikowska), a young woman who leaves her life in the city to make a solo trek through almost 2,000 miles of sprawling Australian desert. Accompanied by only her dog and four unpredictable camels, she sets off on a life-changing journey of self-discovery.

Rotten Tomatoes™ score
Critics: 84% **Audience:** 86%

Action & Adventure

Earth to Echo

Director. Dave Green

Stars. Teo Halm, Astro

Tuck, Munch and Alex are a trio of inseparable friends whose lives are about to change. Their neighbourhood is being destroyed by a highway construction project that is forcing their families to move away. But before the boys begin receiving strange signals on their phones. Convinced something bigger is going on, they team up with another school friend, Emma, and set out to look for the source of their phone signals.

Rotten Tomatoes™ score
Critics: 55% **Audience:** 63 %

Mustang Drive-In -London
2551 Wilton Grove Rd.

Blended (PG) Fri-Thu 12:30
Edge of Tomorrow (PG) Fri-Thu 11:10
Tammy (14A) Fri-Thu 9:40
Transformers: Age of Extinction (PG) Fri-Thu 9:45

Hyland Cinema
240 Wharncliffe Road South

Belle (PG) Fri 5:05 Sat 2:55 Sun 5:05 Mon 1 Tue 9:15 Wed 2:45 Thu 7:15
Chef (14A) Fri 12:45 Sat 4:55 Sun 2:55 Mon 7:10 Tue 5 Wed 7 Thu 2:55
The Double (14A) Fri-Sat 9:15 Sun 7:10 Mon 5:10 Tue 3:10 Wed 1 Thu 9:15
Tracks (STC) Fri 2:55-7:05 Sat 12:45-7:05 Sun 12:45-9 Mon 3-9:10 Tue 1-7:10 Wed 4:50-9:10 Thu 12:45-5:05

Rainbow Cinemas London
355 Wellington St.

22 Jump Street (14A) Fri-Thu 12:50-3:25-7:15-9:40
Dawn of the Planet of the Apes (PG) Thu 10
Deliver Us From Evil (14A) Fri-Thu 1:15-3:50-7:05-9:45
Earth to Echo (PG) Fri-Thu 1:10-3:15-7:10-9:15
How Old Are You? (STC) Fri-Thu 1-3:30-7-9:20
Jersey Boys (14A) Fri-Wed 3:35-9:25 Thu 3:35
Maleficent (PG) Fri-Wed 1:20-6:55 Thu 1:20
Rise of the Planet of the Apes (PG) No Passes Thu 7:30
Tammy (14A) No Passes Fri-Thu 1:05-3:20-7:20-9:35
Transformers: Age of Extinction (PG) Fri-Thu 12:55-4:10-7:40

Wellington 8 Cinemas
983 Wellington Rd. S,

22 Jump Street (14A) Fri-Thu 12:45-3:30-6:50-10:10
Dawn of the Planet of the Apes 3D (PG) Thu 10
Deliver Us From Evil (14A) Fri-Thu 12:50-3:45-7:15-10
Earth to Echo (PG) Fri-Thu 12:30-3-6:45-9:20
The Grand Seduction (PG) Fri-Thu 12:20-3:10-6:30
How to Train Your Dragon 2 (PG) Fri-Thu 3:20
How to Train Your Dragon 2 3D (PG) Fri-Wed 12:40-7-9:35 Thu 12:40-7
Jersey Boys (14A) Fri-Thu 9:30
Tammy (14A) Fri-Thu 1-3:40-7:10-9:50
Transformers: Age of Extinction (PG) Fri-Mon 2:50-6:40 Tue 2:50 Wed-Thu 2:50-6:40 Tue 6:40
Transformers: Age of Extinction 3D (PG) Fri-Tue 12:15-3:50-7:30-9:40 Wed 12:15-3:50 Thu 12:15-3:50-7:30-9:40 Wed 7:30-9:40

Cineplex Odeon Westmount & VIP Cinemas
755 Wonderland Road South

22 Jump Street (14A) Fri 1:40-4:30-7:40-10:25 Sat-Sun 12:10-4:45-7:35-10:15 Mon-Thu 1:40-4:30-7:40-10:25 Fri 4-7:10-10:15 Sat 12:30-4:30-7:10-10:15 Sun 12:30-4:30-7:10-10:10 Mon-Wed 4-7:10-10:10 Thu 4-7:10-10:20
Dawn of the Planet of the Apes 3D (PG) No Passes Thu 10:10 No Passes Thu 10
Deliver Us From Evil (14A) No Passes Fri 1:50-4:40-7:30-10:20 No Passes Sat 2-4:50-7:45-10:35 No Passes Sun 12:40-4:50-7:45-10:35 No Passes Mon-Tue 1:50-4:40-7:30-10:20 No Passes Wed 1:15-4:05-7:30-10:20 No Passes Thu 1:50-4:40-7:30-10:20
Earth to Echo (PG) Fri 1:20-4-6:45-9:15 Sat-Sun 12-2:20-4:50-7:15-9:35 Mon-Thu 1:20-4-6:45-9:15
How to Train Your Dragon 2 (PG) Fri 1:30-4:20 Sat-Sun 11:55-2:25-4:55 Mon-Thu 1:30-4:20
How to Train Your Dragon 2 3D (PG) Fri 7-9:30 Sat-Sun 7:25-9:55 Mon-Thu 7-9:30
Jersey Boys (14A) Fri 1:10-4:10-7:10-10:15 Sat 12:30-3:40-6:45-9:45 Sun 3:40-6:45-9:45 Mon-Tue 1:10-4:10-7:10-10:15 Wed 1:10-4:10-10:15 Thu 1:10-4:10-7:10-10:15
Rebel Without a Cause (PG) Sun 12:55 Wed 7
Tammy (14A) No Passes Fri 2:10-4:50-7:20-9:50 No Passes Sat-Sun 12:15-3-5:25-7:55-10:25 No Passes Mon-Tue 2:10-4:50-7:20-9:50 No Passes Wed 4:50-7:20-9:50 No Passes Thu 2:10-4:50-7:20-9:50 Star & Strollers Screening, No Passes Wed 1
Transformers: Age of Extinction (PG) No Passes Fri 1 No Passes Sat-Sun 1-2:40 No Passes Mon-Thu 1 No Passes Fri 5:45-9:15 No Passes Sat-Sun 2:15-5:45-9:15 No Passes Mon-Wed 5:45-9:15 No Passes Thu 6:40
Transformers: Age of Extinction 3D (PG) No Passes Fri 4:40-8:15 No Passes Sat-Sun 6:20-10 No Passes Mon-Thu 4:40-8:15 No Passes Fri 2:40-6:30-10:05 No Passes Sat-Sun 12-3:30-7-10:30 No Passes Mon-Wed 2:40-6:30-10:05 No Passes Thu 2:40-6:30 No Passes Fri 3:40-6:40-9:45 No Passes Sat-Sun 1-3:10-6:40-9:45 No Passes Mon-Wed 3:40-6:40-9:45 No Passes Thu 3:40-5:45-9:30

Transformers: Age of Extinction CONTRIBUTED

SilverCity London
1680 Richmond St

22 Jump Street (14A) Fri 2:35-5:05-7:45-10:25 Sat 11:45-2:15-5:15-7:55-10:35 Sun 12-2:35-5:05-7:45-10:25 Mon-Tue 2:35-5:05-7:45-10:25 Wed 5:05-7:45-10:25 Thu 2:35-5:05-7:45-10:25 Star & Strollers Screening Wed 1
Cloudy With a Chance of Meatballs 2 (G) Sat 11 Wed 12:30
Dawn of the Planet of the Apes 3D (PG) No Passes Thu 10:15
Deliver Us From Evil (14A) No Passes Fri 2:05-4:50-7:35-10:35 No Passes Sat 1:10-4:10-7:10-10:25 No Passes Sun 2-4:50-7:35-10:30 No Passes Mon-Thu 1:30-4:25-7:20-10:10
Earth to Echo (PG) Fri 12:25-2:40-5-7:20-9:45 Sat 12:20-2:40-5-7:20-9:40 Sun-Thu 12:25-2:40-5-7:20-9:45
Edge of Tomorrow 3D (PG) Fri 2:30-5:20-8-10:45 Sat 11:45-2:30-5:15-8-10:45 Sun 12-2:30-5:20-8-10:30 Mon-Wed 1:45-4:40-7:25-10:05 Thu 1:45-4:40-7:25
The Fault in Our Stars (PG) Fri 1:20-4:20-7:10-10 Sat 1:20-4:20-7:25-10:10 Sun-Thu 1:20-4:20-7:10-10
How to Train Your Dragon 2 (PG) Fri 12:30-2:45-5:10 Sat 12-2:30-5:05 Sun-Thu 12:30-2:45-5:10
How to Train Your Dragon 2 3D (PG) Fri 12:25 Sat 11:30 Sun 12:15 Mon-Tue 12:25 Thu 12:25 Fri-Thu 7:30-9:55
Maleficent (PG) Fri 12:30-2:55-5:25 Sat 12:15-2:50-5:10 Sun-Thu 12:30-2:55-5:25
Maleficent 3D (PG) Fri 7:50-10:20 Sat 7:35-10 Sun-Thu 7:50-10:20
The Metropolitan Opera: La Cenerentola - Encore (STC) Sat 12
RiffTrax Live: Sharknado (STC) Thu 8
Tammy (14A) No Passes Fri-Sun 12:40-3:10-5:40-8:10-10:40 No Passes Mon-Thu 12:40-3:10-5:35-8-10:30
Transformers: Age of Extinction (PG) No Passes Fri-Wed 2:10-6:05-9:50 No Passes Thu 2:10-10
Transformers: Age of Extinction — An IMAX 3D Experience (PG) No Passes Fri-Sun 12:30-4-7:20-10:40 No Passes Mon 3:20-8:15 No Passes Tue-Thu 12:30-4-7:20-10:40
Transformers: Age of Extinction 3D (PG) No Passes Fri 2:50-6:35-10:10 No Passes Sat-Sun 2:50-6:35-10:20 No Passes Mon 2:50-7-10:30 No Passes Tue-Wed 2:50-6:35-10:10 No Passes Thu 10:10 No Passes Thu 2:50-6:35
X-Men: Days of Future Past (PG) Fri 1:35-4:40-7:45-10:50 Sat 4:45-7:45-10:40 Sun 1:35-4:30-7:25-10:35 Mon-Wed 1:10-4:10-7:05-10:15 Thu 1:10-4:10

MEPHISTO
WORLD'S FINEST FOOTWEAR
MEPHISTO SHOES WITH SOFT-AIR TECHNOLOGY:
FOR TIRELESS WALKING
MEPHISTO offers you comfort with modern design. The SOFT-AIR midsole, very soft and flexible, minimizes the shock that results from walking. It protects your feet, relieves your back and joints and promotes a healthy environment inside your shoes.
Ingeborg Shoes | Cherryhill Village Mall | 438-2301

Liquid Assets

For the love of salmon

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

My comments last week that I was determined to master the art of barbecuing salmon prompted some of you to send me everything from your own step-by-step instructions to links to YouTube vids.

I took your advice and, while I'm still no Iron Chef, things turned out just fine. Well, eatable at least.

There's a lot to love about salmon. Not only does it taste fantastic, its adaptability with wine continues to chip away at that old wives' tale that claims only whites go with fish. While your favourite glass of lightly-oaked chardonnay or off-dry riesling would make a good match, my palate prefers red.

With its typically round, plump berry flavours, pinot noir is the grape that's the yin to salmon's yang. Originally from France's Burgundy region, it's now grown worldwide with fantastic versions coming out of South America.

Cono Sur's 2013 Bicicleta Pinot Noir ($10.95 - $12.99) from Chile is one for the budget conscious. Soft and juicy with good varietal personality, it goes swimmingly with meatier fish.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

4th of July is spelled r-i-b-s

Memphis-Style Baby Back Ribs. Our neighbours to the south are celebrating their independence, and you can join in vicariously with this barbecue staple

1. Prepare a grill for medium-low (about 325 F) indirect cooking. In a charcoal grill, this means banking the hot coals to one side of the grill and cooking the ribs on the cooler side. In a gas grill, this means heating the grill with all burners on, but turning off the burners on one side just before putting the food on that side.

2. Remove silver skin from the backs of the ribs, if desired.

3. Place the soaked wood chips directly on the hot charcoals, or in smoking box if using a gas grill (place the box in the grill according to manufacturer directions). Cover the grill.

4. Rub the cut lemons all over the fronts and backs of the ribs, squeezing to release as much juice as possible. Set aside for 5 minutes, then sprinkle the ribs liberally with the barbecue rub. Let sit for 15 minutes.

5. Place the ribs, bone side down, in the centre of the cooking grate over the cooler side of the grill. Cover the grill and cook 1 1/2 to 2 hours, or until the meat is tender and has pulled back from the ends of the bones. Do not open the grill cover for at least the first 30 minutes. After that, if the ribs start to burn at the edges, stack them on top of one another in the very centre of the grill and lower your heat slightly.

6. Twenty minutes before serving, un-stack the ribs if necessary, then brush with barbecue sauce. Remove the ribs from the grill and let rest 10 minutes before cutting into individual or 2- to 3-rib portions.

7. If desired, additional barbecue sauce can be warmed and served alongside the ribs.

Classic Barbecue Rub

1. In bowl, combine all ingredients. Mix well. For a smoother rub, process the ingredients in a spice grinder until well combined and finely ground. The rub can be stored in an airtight container for up to 6 months.

THE ASSOCIATED PRESS/ ELIZABETH KARMEL AUTHOR OF THREE COOKBOOKS, INCLUDING PIZZA ON THE GRILL

Ingredients

- 6 lbs baby back ribs
- 3 cups barbecue wood chips, soaked in water for 1 hour
- 2 lemons, halved
- 1/4 cup barbecue rub (see recipe below)
- 16-oz bottle barbecue sauce

Classic Barbecue Rub

- 3 tbp granulated sugar
- 2 tbsp smoked paprika
- 2 tbsp kosher salt
- 2 tbsp packed dark brown sugar
- 1 tbsp ground cumin
- 1 tbsp ground black pepper
- 1 tbsp onion powder
- 1 tbsp garlic powder
- 2 tsp chili powder
- 1/2 tsp cayenne pepper

metro

Your Neighbourhood:
HYDE PARK

WEEKEND, July 4-6, 2014

Area scores points for originality

Community. Hyde Park features London's first outdoor piano and plenty of events to enjoy too

If you want to play, sing along or just listen, London's first outdoor piano is a unique addition to Hyde Park the entire family can enjoy. COURTESY EMILY BEECKMANS

JASON MENARD
For Metro

There's plenty to do in Hyde Park, whether you're going solo, with your significant other, or bringing the kids along for the ride. And, with the latest addition to the community shows, you never know what your ears may stumble upon — or where.

"Hyde Park features London's first outdoor piano, located outside the Synergy Centre," said Donna Szpakowski, president of the Hyde Park Business Association. "Finding an outdoor piano and being able to stop and play is a feeling you can't even explain."

Hyde Park is known for hosting events run by service organizations. For example, it is the only London neighbourhood that showcases its own annual Santa Claus parade, organized by the Hyde Park and District Lions Club and NorWest Optimists last year. The West Park Baptist Church also puts on an annual fireworks display in recognition of Canada Day.

"These events create a heightened sense of community, drawing folks and families from all walks of life to celebrate our communities," Szpakowski added.

The area has a number of walking and hiking trails, an outdoor market, and is close to the Museum of Ontario Archaeology, which features educational programming and children's camps.

For those looking for a night on the town, Szpakowski recommends Crossings Pub & Eatery. Complete with live music and trivia nights, it is an ideal spot for a date night or celebration with friends.

"I think Hyde Park is an area that's an aspiring place to be," she said. "It's a place to be happy and hang out with friends in a trendy neighbourhood."

NORTHCLIFF
AT HYDE PARK

THE TRICAR GROUP IS PROUD TO SUPPORT AND BE PART OF THE GROWTH OF THE HYDE PARK COMMUNITY

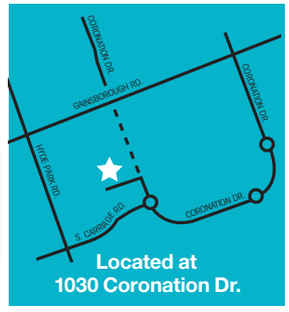
IT'S NOT TOO LATE TO OWN A CONDO IN THE COMMUNITY YOU LOVE
10 FABULOUS SUITES REMAINING

MAKE AN APPOINTMENT TO VISIT OUR MODEL SUITES

- Fitness Studio
- Theatre & Billiards Rooms
- Secure storage locker
- Secured underground parking
- Guest Suite for overnight accommodations
- Library/Lounge with walkout terrace

CONTACT:
Larry Burnett or Elizabeth Burnett, Sales Representatives for an appointment to view
519.494.3000

Sutton
GROUP SELECT REALTY INC., BROKERAGE
INDEPENDENTLY OWNED & OPERATED



Located at
1030 Coronation Dr.

TRICAR

TRICAR.COM/CONDOS | 519.494.3000

Find gems hidden in Hyde Park

Growth. Despite development, community keeps its neighbourhood feel intact

Scoop de Ville has been serving scoops since 1996. MONKEY BUSINESS SOLUTIONS GROUP

The family-run Remark Fresh Markets, located on Oxford Street West, keeps it simple, featuring fresh foods straight from the farm that inspire homecooked meals and recipes. RACHEL LINCOLN PHOTOGRAPHY

JASON MENARD
For Metro

Over the past 20 years, the Hyde Park neighbourhood has undergone dramatic commercial and residential growth, but the community is insistent upon keeping this little hamlet unique.

"If you look at the new London plan, you'll see that part of the focus is on creating communities where people can live, play, and shop," said Donna Szpakowski, president of the Hyde Park Business Association (HPBA). "We're already well along the way of doing that."

Hyde Park has become a mix of big-box, mega retailers and smaller, artisanal and boutique shopping experiences.

"The area boasts some great and unique businesses," said Szpakowski, listing the following as those that stand out:

Scoop de Ville – Ice Cream Treats
Serving scoops since 1996, and featuring more than 25 flavours of ice cream, as part of Unger's Market.

Olive Me
Offering hand-poured/bottled, and custom-labelled, olive oils, balsamic vinegars and beauty products from around the world.

Porcino's
Recently renovated, and regarded as the best Italian restaurant London, serving up rustic pasta, paninis, and pizza cooked in an imported wood-burning oven.

Thai Cuisine
Serving authentic Thai food in a little house at the corner of Hyde Park and Gainsborough roads.

Crossings Pub & Eatery
The 'place' where folks can grab great food, while enjoying live music and trivia nights.

"Hyde Park is also serviced by a number of businesses that support the local agricultural sector," Szpakowski said, highlighting Remark Fresh Markets, Unger's Market, and Ogilvie's Food and Artisan Market.

The community also features some unique-to Hyde Park businesses including: Featherfield's — The Bird and Garden Store, Bibles for Missions Thrift Store, Natural Paws Pantry Inc. pet store, and Van Horik's Greenhouses and Garden Centre.

Diverse commercial opportunities, such as the high-end consignment shop, ReDecor Consignment, featuring gently used furniture and home accessories, are also attracted to the area.

Speaking as a local resident, Szpakowski says she has a vision for the area: "To create a place in northwest London that incorporates Hyde Park Road with the Hyde Park 'Hamlet' [Gainsborough Road] with small businesses, shop, eateries, patios, and markets as we develop a culturally rich, diverse and prosperous community," she said.

"A place where people want to live, work, celebrate, and visit. An accessible place interconnected with parks, walking and bike paths and efficient public transit."

More info

- For more, visit neighbourgoodguide.ca

HIGH QUALITY THRIFT STORE
Featuring gently used clothing, furniture, housewares and MUCH MORE!

pleasant, bright, and clean environment
OVER 11,000 SQ. FT. OF RETAIL SPACE

Bibles for Missions London depends on donations from the community and the work of volunteers.

If you would like to volunteer for our store please contact us at 519.473.8025

BfM THRIFT STORES
BFM FOUNDATION CANADA
(519) 473-8025
2020 Hyde Park Road, London, ON
www.bfmthriftstores.ca

Dove dental centres
Appointments Not Necessary for People in Pain!
All Dental Services Provided!
London - 6 locations including
Dove Sleep Sedation Centre and
2 newest Dove Ortho Centres
• Commissioners and Wonderland Rd.
• Dundas and Saskatoon St.
Parkhill
Kettle & Stony Point
Mt. Brydges
Ingersoll
Ilderton
Summer Special On Now!
Free Ortho Assessment PLUS Summer Bonus
CALL 519-679-DOVE ext. 1 or 2
BRACE YOURSELF ... for a beautiful smile!
Braces starting at $3,499.00
www.dovedentalcentres.com *** 519-679-DOVE (3683)

FEATHERFIELDS
The Bird and Garden Store
www.featherfields.com
1570 Hyde Park Rd. (at Gainsborough), London
519-474-1165

Bird Feeding Experts - Distinctive Gifts - Garden Decor

Poised for growth

Property value rising.
Both commercially and residentially, this neighbourhood is seeing ongoing development

JASON MENARD
For Metro

Hyde Park has changed drastically over 20 years. MONKEY BUSINESS SOLUTIONS GROUP

From fewer farm fields to limited residential spaces, Hyde Park has changed dramatically.

"The growth has been crazy over the past 20 years," explained Peter Piazza, a sales representative with Royal LePage Triland Realty. "When I first moved up here, it was all farmland. We had cows in the fields around us."

Needless to say, the Hyde Park area continues to grow both commercially and residentially. Piazza said there is a wide range of residential options available to people — though space, due to demand, is becoming scarce.

"There are a lot of new homes going up east of the Walmart (located on Fanshawe Park Road West) and their price ranges are between $250,000 and into the $400,000 to $500,000 range," he added. "On the north side of Fanshawe Park Road, you're seeing a lot of homes over $400,000."

The region, once fairly monochromatic in composition, is now a richly diverse community of people from all walks of life, backgrounds, and ethnicities. As a result, there's no stereotypical "Hyde Parker."

"There isn't any one demographic that's typically Hyde Park," Piazza said. "We're getting the professionals in the bigger houses, and we tend to see families in the smaller homes." With new developments, most of the homes are less than 35 years old, he adds.

Commercially, the area is expanding and in demand.

"We're seeing lots of commercial growth in the area of Hyde Park Road," Piazza said, adding that new business developments are under construction and planned for the future.

Piazza also noted that the per-square-foot rental of commercial property he owns has increased two- to three-fold over the past few years.

Turn your BACKYARD into an OASIS
With "Sienna" PT products, for the look of Cedar, or choose maintenance-free decking from Azek and Timbertech.
WE INSTALL
Call Danette Today for your free quote!
519-472-2000
1282 Hyde Park Road
MOFFATT & POWELL
RONA
AZEK Building Products
TimberTech
Less Work. More Life.
www.moffattandpowell.com

Bouchard breaks out of semifinals

Wimbledon. Third time's the charm for Canadian phenom as she advances to her first Grand Slam final

Canada's Eugenie Bouchard stumbled in her first two Grand Slam semifinal appearances this year.

The third time proved to be the charm Thursday at the All England Club.

Bouchard defeated Romania's Simona Halep 7-6 (5), 6-2 to become the first Canadian to advance to the women's singles final at Wimbledon. It was the latest achievement in what has already been a historic run for Bouchard at the sport's most prestigious event.

"After doing well in the past few (Grand) Slams, I've been believing since the beginning of the tournament that I can do really well," she said. "I'm just trying to take it one match at a time. It's really important not to get ahead of ourselves.

"I totally feel like I belong, and I'm just so excited for the next match."

The 20-year-old from Westmount, Que., has yet to lose a set in her six matches so far at Wimbledon. No Canadian had ever reached the women's singles quarter-finals here in the Open era — never mind the final — before Bouchard.

There could be a Canadian in the men's singles final as well. Milos Raonic of Thornhill, Ont., will take on Switzerland's Roger Federer on Friday with a berth in Sunday's championship on the line.

The 13th-seeded Bouchard will next face sixth-seeded Petra Kvitova on Saturday.

"To get to my first Grand Slam final, it's very exciting. It's what I've worked so long for, you know," Bouchard said. "So I'm just proud of myself for today's effort."

Kvitova, the 2011 Wimbledon champion, beat fellow Czech left-hander Lucie Safarova 7-6 (6), 6-1 in the other semifinal.

Kvitova beat Bouchard 6-3, 6-2 in their only previous meeting, a second-round match at the Rogers Cup in Toronto last August. THE CANADIAN PRESS

Eugenie Bouchard serves to Simona Halep during their women's singles semifinal match on Thursday at Wimbledon

CARL COURT/AFP/GETTY IMAGES

Task incomplete

"My job is not done, I want to go another step further. So I'm going to stay focused and enjoy it after."

Eugenie Bouchard

AUGMENTED REALITY

→ Scan the image with the Metro News app for more photos from the women's semifinals.

→ See the full instructions on Metro's Voices page.

metro AR

Mixed martial arts

Hughes to GSP: Stay out of UFC

Former UFC welterweight champion Matt Hughes says Georges St-Pierre should retire for good.

St-Pierre has been on hiatus since vacating his 170-pound title following a controversial win over Johny (Bigg Rigg) Hendricks at UFC 167 last November. He cited unspecified personal matters, saying he needed time away. Hughes, who lost the UFC title to St-Pierre in November 2006, says now may be the time for St-Pierre to finish.

"If I was GSP, I'd probably hang them up," said Hughes, now VP of athlete development and government relations for the UFC. "Here I am a guy that lost my (last) two fights and I'd love to get back in there (to finish on a win). And Georges got his hand raised the last fight.

"So if I had to give advice, I'd say, 'You want to get out? Get out.'"

THE CANADIAN PRESS

France vs. Germany

"There is a form of insouciance with the younger players. They're full of life, that's what you expect from a younger player. But it's also a question of quality."

France coach Didier Deschamps, explaining how his young club will deal with the pressure of playing powerhouse Germany in their World Cup quarter-final on Friday in Rio de Janeiro. Go to metronews.ca for more World Cup coverage.

DUG RIGHT construction

FREE SEWER CAMERA SERVICE
Sewer and water repair and replacement
Foundation repair and water proofing
Pool demolition and restoration
Concrete and asphalt driveways
Backhoe and mini excavator rentals
Warranty on all workmanship and fully insured

CALL ANDY FOR FREE ESTIMATES
519.670.4132

WORLD CUP SPECIAL!!!
12PM-8PM DAILY
$3.25
Bottled Beers & Mixed Drinks
OPEN 3PM SUN JULY 13 WORLD CUP FINAL!
$3.25 PRICING
TOPLESS TUESDAY
EVERYONE TOPLESS STARTS AT 8PM
HUMP PAST WEDNESDAY
STARTS AT 8PM
$4.99 Wings ★ $10 VIP ★ $4.75 Corona
624 York St. London 519-672-3430 beefbarononline.com

Horoscopes

♈ Aries
March 21 - April 20
You have to accept what is taking place in your life, even though you may not approve of it. There are times when even an Aries must bend with the breeze and this is one of them.

♉ Taurus
April 21 - May 21
You like to take initiative but today you will have to yield to those who do not share your sense of adventure. It may be frustrating but you can't change it so don't let it upset you.

♊ Gemini
May 22 - June 21
There will be times today when you could scream at people who refuse to see sense but keep quiet. Your way of doing things may indeed be best but no amount of threats will change their minds.

♋ Cancer
June 22 - July 23
Don't worry if you upset someone today because you need to let others know you won't be pushed around. It may mean the end of a friendship but that's a small price to pay for securing your freedom.

♌ Leo
July 24 - Aug. 23
Yes, of course, you have a right to say what you think but don't forget that others have the right to hit back if they so choose. If you clash with someone whose ideas are at odds with your own there could be fireworks today.

♍ Virgo
Aug. 24 - Sept. 23
What happens over the next 24 hours will bring you down to earth with a bump but maybe that's good. Your head has been up there in the clouds a bit too long. Come back to reality.

♎ Libra
Sept. 24 - Oct. 23
You have allowed certain people to get away with things they did not deserve to get away with. Now you must balance things out and see to it that they pay for their mistakes.

♏ Scorpio
Oct. 24 - Nov. 22
If there are any loose ends in your affairs, you must deal with them over the next 24 hours. If you leave them flapping in the breeze they will trip you up sooner or later — likely sooner.

♐ Sagittarius
Nov. 23 - Dec. 21
This may be a difficult day for you but it can also be a day when you learn something to your advantage. If you are torn between the future and the past, choose the future.

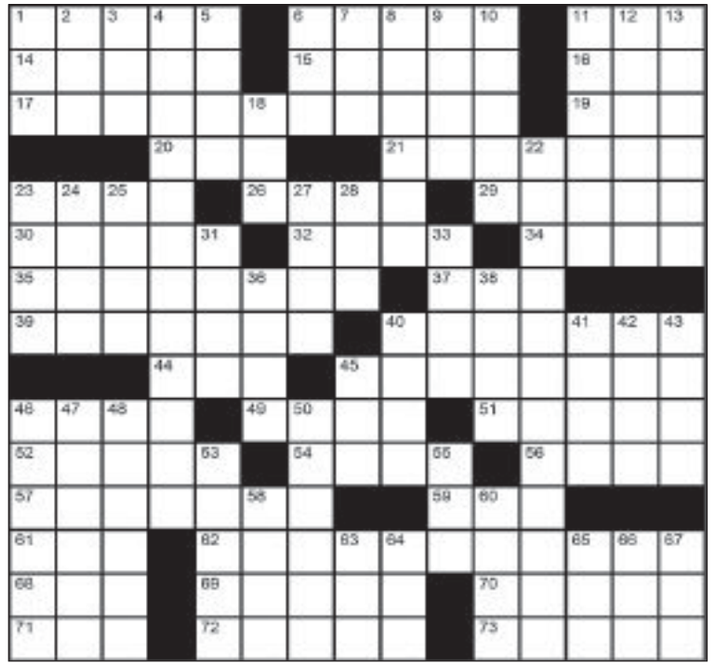
♑ Capricorn
Dec. 22 - Jan. 20
There is no point trying to force the pace because the Sun opposing Pluto in your sign won't let you — and will remind you where the real power lies. Also, focus on finishing what has been started.

♒ Aquarius
Jan. 21 - Feb. 19
The quality you most need today is patience. Come the weekend you will be able to start doing things again but over the next 24 hours control your urge to push ahead.

♓ Pisces
Feb. 20 - March 20
For some reason you seem to be afraid of your own shadow — even though most things in your life are going well. Don't let fear hold you back from doing something creative today. Once you start your confidence will return. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Queen's __ (The 155th Anniversary takes place July 6th, 2014 at Woodbine Racetrack in Toronto)
6. Washington's baseball team [abbr.]
11. ms. lang's
14. Actress Anne
15. Up _ __ (Stuck)
16. Last word in #17-Across' answer, to J.Lo
17. Bryan Adams/Tina Turner duet: 3 wds.
19. Tip to 'maniac'
20. Alphabet trio
21. Type of riding boot or pant
23. Vigour
26. Prima donna
29. __ __ the table (Don't eat in front of the TV)
30. Scoundrel
32. Broadway musical
34. Mattel products
35. __ Passage (Locale of PEI-to-New-Brunswick's Confederation Bridge in the Northumberland Strait)
37. __ and outs
39. Plectrum-played instruments
40. Canuck creatures
44. Canada's financial TV channel
45. PEI community; or, sweater closed with buttons
46. __ name (Techie identification)
49. Glaswegian
51. 'Pain'-meaning suffix
52. Character in Haida mythology
54. Unluckily
56. Lengthy
57. Montreal's ecosystem tourist attraction
59. Toronto Blue Jays mascot
61. 'A' of ATV
62. County or River in New Brunswick
68. Oct.'s follower
69. Mannerism
70. "Hogwash!"
71. Yore's 'before'
72. Toast starter...
73. Steve Miller Band's "Fly Like an __"

Down
1. Fraternity letter
2. Permit
3. House temp. coolers
4. __ horses (Stakes racers at #1-Across)
5. Morns opposites
6. Refuser's reply
7. MLB Braves, on scoreboards
8. Hector, in ancient Greek mythology
9. Prefix that means 'to the left'
10. Pre-being-a-plant plantees
11. Compulsive thief, in slang
12. Sudbury-born hockey great Ron
13. Summertime wear
18. Company name abbr.
22. Motown mecca: 2 wds.
23. World Cup 2014 host [abbr.]
24. TV psychotherapist Dr. Ludwig
25. "_ __ Around" by The Beach Boys
27. Van Gogh flower
28. Horse's healing helper
31. "Trainspotting" (1996) star Bremner
33. Grouping
36. Coastal birds
38. __ Surf (Rock band)
40. The __ Shoe Museum, in Toronto
41. Famous waffle
42. "__ Man" (1988)
43. Hosiery hitch
45. Mil. officer
46. Sophisticated
47. Aye-saying guy
48. Progress
50. __ salad
53. __ Bay, ON
55. Droop
58. 'Mother' in Montreal
60. Get along
63. Neckwear
64. TGIF part
65. MasterCard transaction [abbr.]
66. "Shallow __" (2001)
67. Pastureland parent

Yesterday's Crossword

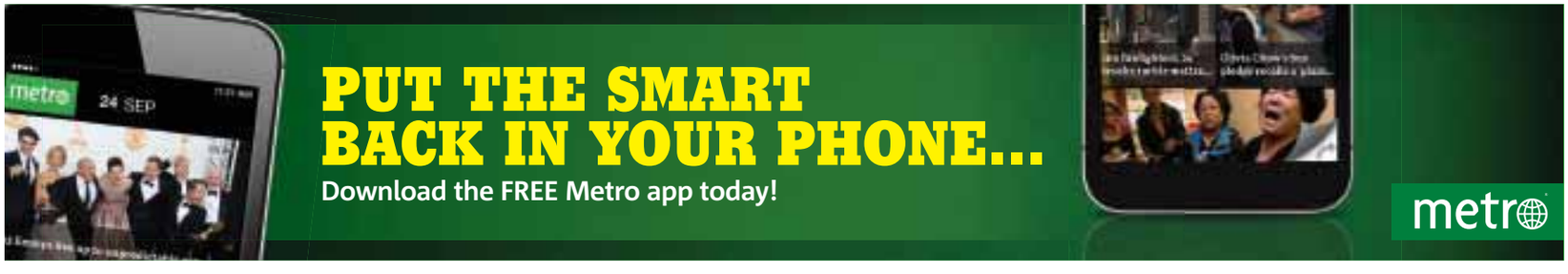
Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

		4					8	
6	9						5	1
		5	3			7	6	
9				7	1		4	
				3				
	5		4	2				9
	4	8			9	1		
5	6						7	2
	7					6		

Yesterday's Sudoku

7	2	9	4	3	8	6	1	5
1	4	3	5	2	6	9	8	7
8	6	5	1	7	9	2	4	3
6	3	2	7	1	5	8	9	4
4	5	1	9	8	2	3	7	6
9	8	7	6	4	3	5	2	1
3	9	4	8	6	7	1	5	2
5	1	6	2	9	4	7	3	8
2	7	8	3	5	1	4	6	9



EMPLOYEE PRICING**

IT'S BACK

YOU PAY WHAT WE PAY

WORLD'S BEST-SELLING CAR NAMEPLATE*

FOCUS ST MODEL SHOWN

2014 FOCUS S

Employee Price Adjustment	$620
Delivery Allowance	$2,700
TOTAL PRICE ADJUSTMENTS	$3,320
SHARE OUR EMPLOYEE PRICE	$14,344*

Offer excludes taxes.

FEATURES:

- 160 hp 2.0L 4-Cylinder Ti-VCT Engine
- Standard Air Conditioning
- Torque Vectoring Control for Agile Responsiveness

WITH UP TO
$14,000◊
IN PRICE ADJUSTMENTS
(2014 F-150 Platinum SuperCrew amount shown)

TITANIUM MODEL SHOWN

CANADA'S BEST-SELLING COMPACT SUV¥

PLATINUM MODEL SHOWN

F-SERIES CANADA'S BEST-SELLING TRUCKS FOR 48 YEARS□

2014 ESCAPE S

Employee Price Adjustment	$1,255
Delivery Allowance	$500
TOTAL PRICE ADJUSTMENTS	$1,755
SHARE OUR EMPLOYEE PRICE	$24,494*

Offer excludes taxes.

FEATURES:

- Advancetrac® with Roll Stability, Traction and Curve Control
- Active Grille Shutters
- Up to 1,920 Litres of Cargo Capacity

2014 F-150 SuperCab STX

Employee Price Adjustment	$2,422
Delivery Allowance	$6,750
TOTAL PRICE ADJUSTMENTS	$9,172
SHARE OUR EMPLOYEE PRICE	$24,327*

Offer excludes taxes.

FEATURES:

- 302 hp 3.7L V6 Engine w/ Electronic 6-Speed Automatic Transmission with Tow/Haul Mode
- 17" Machined Aluminum Wheels
- SiriusXM Satellite Radio w/6-month Prepaid Subscription

Our advertised prices include Freight, Air Tax, and PPSA (if financed or leased). Add dealer administration and registration fees of up to $799, fuel fill charge of up to $120 and applicable taxes, then drive away.

BUILD AND PRICE AT ONTARIOFORD.CA, HEAD TO YOUR ONTARIO AREA FORD STORE AND DRIVE AWAY HAPPY. IT'S THAT SIMPLE.

Go Further
| ontarioford.ca |

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives. the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). **"Ford Employee Pricing ("Employee Pricing") is available from July 1, 2014 to September 30, 2014 (the "Program Period"), on the purchase or lease of most new 2014/2015 Ford vehicles (excluding all chassis cab, stripped chassis, and cutaway body models, F-150 Raptor, F-650/F-750, Mustang Shelby GT500, Shelby GT350, 50th Anniversary Edition Mustang and all Lincoln models). Employee Pricing refers to A-Plan pricing ordinarily available to Ford of Canada employees (excluding any Unifor/CAW -negotiated programs). The new vehicle must be delivered or factory-ordered during the Program Period from your participating Ford Dealer. Employee Pricing is not combinable with CPA, GPC, CFIP, Daily Rental Allowance and A/X/Z/D/F-Plan programs. ¹Until September 30, 2014, own a new 2014 Focus S Manual 4-door sedan / Focus ST /Escape S 4-door FWD/ Escape Titanium 4x4 F-150 STX/F-150 SuperCrew 4x4 5.5' box 145" WB] for only [$14,344/$28,434/$24,494/$33,472/$24,327/$49,606]. Prices shown include Total Ford Employee Price adjustment deduction of [$3,230/3,230/$1,755/3,977/ $9,172/$14,393]. Total Ford Employee Price adjustment is a combination of Employee Price adjustment of [$620/$2,480/ $1,255/$2,735/ $2,422/$7,643)] and delivery allowance of [$2,700/$7,750/$500/$1,000/$6,750/$6,750]. Offers include freight and air tax but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. ¹Until September 30, 2014, receive [$2,510/ $4,516)/ [$1,755/ $3,977)/ [$735/$1,614/$14,393/ $14,911)/[$1,370 /$2,779/ $3,230/ $3,457)/ [$1,870/ $3,585/$3,695/ $4,344)/ [$2,680/ $8,637] in total Ford Employee Price adjustments with the purchase or lease of a new 2014 Edge [SE FWD/ Sport AWD)/ Escape [S FWD/ Titanium 4x4]/ F-150 [Regular Cab XL 4x2 6.5' box 126" WB/XLT 4x4 Supercrew 5.5' box 145" WB and 6.5' box 157" WB/ Super Crew Platinum 4x4 5.0L 5.5' box 145" WB and 6.5' box 157" WB/ Super Crew Limited 4x4 5.5' box 145" WB] Focus [S auto Sedan/ Titanium Hatchback/ ST/ Electric Based/ Fusion [S FWD Sedan/ Titanium/ Energi Titanium]/ Mustang [V6 2 door coupe/ GT 2 door convertible] Total Ford Employee Price adjustments are a combination of Employee Price adjustment of [$1,760/ $3,766)/ [$1,255/ $2,977)/ [$735/ $4,864/ $7,643/ $8,161)/ [$620/ $2,029/ $2,400/ $2,957)/ [$1,120/ $2,835/ $2,945/ $3,394)/ [$1,180/ $4,387] and delivery allowance of [$750)/ [$500/$1,000)/ [$0/ $6,750/ $6,750)/ $6,750/ $6,750)/ [$7,750/ $750/$750/ $500)/ [$7,750)/ [$1,500/ $4,250] – all chassis cab, stripped chassis, cutaway body, F-150 Raptor, Medium Truck, Mustang Boss 302 and Shelby GT500 excluded. Employee Price adjustments are not combinable with CPA, GPC, CFIP, Daily Rental Allowance and A/X/Z/D/F-Plan programs. Delivery allowances are not combinable with any fleet consumer incentives. ◊F-Series is the best-selling pickup truck in Canada for 46 years in a row based on Canadian Vehicle Manufacturers' Association statistical sales reports, up to December 2013. ¥Based on 2007 – 2013 and YTD April 2014 R. L. Polk vehicle registrations data for Canada in the Large Premium Utility, Large Traditional Utility, Large Utility, Medium Premium Utility, Medium Utility, Small Premium Utility, and Small Utility segments. ±Claim based on analysis by Ford of Polk global new registration for CY2012 for a single nameplate which excludes rebadged vehicles, platform derivatives or other vehicle nameplate versions. ©2014 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ©2014 Ford Motor Company of Canada, Limited. All rights reserved.

SiriusXM
Available in most new Ford vehicles with 6-month pre-paid subscription